



BREAKFAST MENU

POACHED

CLASSIC EGGS BENEDICT 124
English muffin with bacon, ham or smoked salmon (extra R40), two poached eggs & hollandaise. Substitute topping/muffin with wilted baby spinach & black mushroom for a vegetarian or banting option

SALMON & EGGS 188
Grilled smoked salmon served on wilted baby spinach with two poached eggs, hollandaise , caper berries & toast.

EGGS FLORENTINE 160
English muffin with wilted baby spinach, grilled cherry tomatoes, choice of bacon, ham or smoked salmon (extra R40), two poached eggs & hollandaise.

POTATO CROQUETTES & EGGS 160
Smashed potato croquettes topped with two poached eggs, crispy streaky bacon and hollandaise. Garnished with fresh rocket & grated Grana Padano cheese.

SIDES

BAKED BEANS	29
MOZAMBICAN POTATO	57
POTATO CROQUETTE	46

OMELETTES

TRADITIONAL FULL EGG OR EGG WHITE - EXTRA R14

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| • Bacon, avo & danish feta. | 120 |
| • Smoked salmon, fresh avo & smooth cream cheese | 188 |
| • Hickory ham, cheddar & mushroom. | 117 |
| • Bolognese, chilli, cheddar & mushroom. | 113 |
| • Spinach,mushroom,haloumi & spicy salsa. | 120 |
| • Chicken, spicy tomato salsa, cheddar & side guacamole. | 120 |

SERVED WITH TOAST

VEGETARIAN

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| • Poached eggs with halloumi, steamed spinach & hollandaise. | 130 |
| • Poached eggs, falafel balls, spicy tomato & coconut cream & coriander. | 103 |
| • Brinjal bake, poached eggs, grana padano cheese & rocket. | 114 |

SERVED WITH TOAST

CLASSIC

MINI FARMHOUSE 124
One fried egg (extra R7 for scrambled), bacon, mushrooms, grilled tomato, beef or pork sausage & toast.

MOZAMBICAN BREAKFAST 99
Scrambled eggs on a bed of cubed potato tossed with a spicy tomato salsa & fresh coriander.
- Add extra chorizo. 40
- Add extra pork sausage. 35

CHICKEN LIVERS 103
Grilled livers in a creamy peri-peri sauce with onion & peppers, two fried eggs & toast.

SOUTH AFRICAN BREAKFAST 205
Two eggs, bacon, mushrooms, two grilled tomato, 150g burger patty, 150g wors & toast.

PREGO BREAKFAST 200
200g Sirloin, flame grilled then finished off in the pan with our prego sauce, topped with two fried eggs. Served with fresh avo & toast.

SUBSTITUE BACON WITH MACON- EXTRA R6

PRAWN BREAKFAST 195
Scrambled eggs served on a base of thai curry sauce, topped with three deshelled pan grilled prawns & toast.

BREAKFAST PLATTER 290
Two eggs, two queen prawns, streaky bacon, two pork sausage, baby spinach, button mushrooms, baked beans, cherry tomato, pan roast potatoes & toast

ON TOAST

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| Smashed avo, on rye with side crumbed danish feta & coriander. | 95 |
| - Add a poached egg. | 9 |
| • Scrambled eggs with toast. | 70 |
| • Scrambled salmon & eggs with toast. | 171 |
| • Scrambled eggs & bolognese on toast. | 95 |
| • Scrambled egg & two pork sausages with toast. | 120 |

VEGAN SCRAMBLED EGGS (TOFU, CHICKPEA FLOUR & ALMOND MILK USED) AVAILABLE @ R50 EXTRA

CLASSIC FRENCH TOAST
• Served with blueberries and Canadian maple syrup. 80
• Served with blueberries, banana & streaky bacon. 120

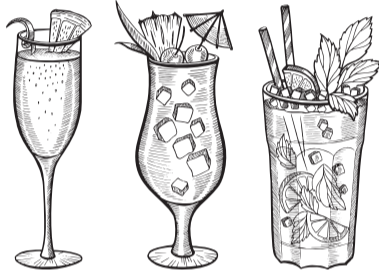
SAVORY TOAST 75
Fish paste, Marmite or Bovril, with fresh tomato, fresh red onion, pickled cucumber & fresh rocket.

CHOICE OF TOAST- WHITE,BROWN & 80% RYE

TOASTIES

WHITE, BROWN OR 80% RYE (EXTRA R5). SERVED WITH CHIPS OR MINI SALAD.

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| • Cheddar & Tomato. | 63 |
| • Parma Ham, Camembert Cheese, sundried tomato & fresh rocket. | 120 |
| • Mushroom, caramelised onion, baby spinach, tofu & chilli. | 95 |
| • Chicken mayo and smashed avo. | 90 |
| • Tuna, mayo, red onion & fresh cucumber. | 110 |
| • Back bacon & two fried eggs. | 85 |
| • Hickory ham, cheddar, gherkin, tomato & wholegrain mustard mayo. | 90 |



MORNING PICK ME UP

CLASSIC MIMOSA	70
SUNRISE MIMOSA	90
APEROL BUBBLY	98
PIMMS & LEMONADE	70
BELLINI	70

SERVED FROM 10H00

CROISSANT & SCONE

CLASSIC CROISSANT 63
Preserves, butter & grated cheddar.

VINTAGE BUTTER SCONES 86
Served toasted with blueberries, dusted icing sugar, whipped cream, preserves & butter.

FRENCH YOUR SCONE 113
French toasted scones,topped with grilled banana,streaky bacon, blueberries & dusted icing sugar with maple syrup.

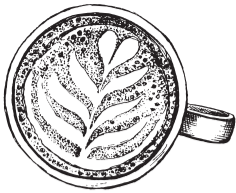
NORWEGIAN CROISSANT 188
Open toasted, topped with smoked salmon, scrambled eggs & yogurt feta spread.

HEALTHY

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| • Jungle oats – Plain. | 60 |
| • Peanut butter & banana-oats. | 90 |
| • Plain yogurt with paw-paw, roasted cashew nuts & honey. | 80 |
| • Warm mixed berries with gluten free nut/oat granola, yogurt & spiced creamed honey. | 130 |
| • Fruit salad with yogurt, muesli & honey. | 99 |

SUBSTITUTE DIARY MILK ABOVE WITH EITHER OAT MILK (R40) OR ALMOND MILK (R35)

BREAKFAST IS SERVED FROM 08H00 - 12H00



CAFE

Americano	38
Filter Coffee	33
Single Espresso	30
Double Espresso	37
Cortado	38
Macchiato	32

Substitute Dairy Milk with either Almond Milk @ R3 or Oat Milk @ R4 for the above

Cappuccino/Flat White (Dbl shot)	42
Petit Cappuccino	38
Extra Shot Espresso	8
Red Cappuccino	43
Caffe Latte	42
Mocaccino	45
Boozy Coffee 	90

Double tot: Jameson , Kahlua or Amarula

Pot of Tea	35
Mint,Ginger & Honey Water	35
Honey & Lemon Water	20
Hot Chocolate	45
Milo	45
Chai Latte	45
Dirty Chai Latte	47

Substitute Dairy Milk with either Almond Milk @ R7 or Oat Milk @ R10 for the above

Spring Water by Franschhoek Hills - 250ml glass	26
750 ml glass	65
Sir Juice	45
Ginger Carrot Orange Juice	65
Soda	32

Freezacino made with almond milk	65
Frullato Smoothie	65
♦ Fresh strawberries, yogurt & strawberry sorbet	
♦ Dried Mango, yogurt & mango sorbet	
♦ Fresh pineapple, yogurt & lemon sorbet	

Malawi Shandy	75
Soda Water, Ginger Ale, Cola Tonic & Bitters	

Rock Shandy	70
Lemonade, Soda & Bitters	
Cordial Quencher	50
Lemonade or Soda with Cola Tonic, Lime or Passion fruit	

Iced Tea	38
Lemon or Peach	

Tisers	45
Appletiser or Red Grapetiser	



VINTAGE & BESPOKE SHAKES

Peppermint Crisp, Aero & Caramel	80
Crushed Peppermint Crisp, Aero & caramel sauce	
Ferrero Rocher	90
Ferrero Rocher chocolates, Bar One sauce & cocoa powder	
Dirty Smurf	85
Frozen blueberries, bubble-gum syrup, Bar One Sauce & Kit Kat chocolate	
Strawberry Wonderland	80
Fresh strawberries, strawberry syrup, marshmallow & vermicelli candy	
Regular 55 Large 65	
Vanilla, Lime, Strawberry, Chocolate, Coffee, Bar One, Bubble-gum or Fruit Juice	

BOOZY SHAKES 

Loslyf Melktert	95
Double tot vodka, single tot Melktert liqueur & cinnamon	
Amarula Laduma	95
Double tot Amarula, single tot brandy & Bar One sauce	
Springbok Penalty	95
Single tot Peppermint liqueur, double tot Amarula & Peppermint Crisp	
Tequila Lips	98
Double tot Strawberry Lips, single tot Jose Cuervo Gold & fresh strawberries	
Regular Pedro's	90
Double tot Jameson, Kahlua or Amarula	



MIKE’S HERITAGE HOUSE
Parktown